

# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 15/05/2024

| Times for Monday 20 May |                            |                         |  |
|-------------------------|----------------------------|-------------------------|---|
| Time                    | Session                    | Facility                |   |
| 15:30 - 19:00           | Swimming Lessons           | Learner Pool            |   |
| 15:30 - 21:00           | Junior Gym 14-16yrs        | Y:Active Fitness Studio |   |
| 17:00 - 17:30           | Synrgy (12-16 yrs)         | Y:Active Fitness Studio |   |
| 19:30 - 21:00           | Rookie Lifeguard (8-16yrs) | Main Pool               |   |
| 19:30 - 21:00           | Survive & Save (12-16yrs)  | Main Pool               |   |