

# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 01/05/2024

### Times for Monday 16 September



Time	Session	Facility
15:30 - 19:00	Swimming Lessons	Learner Pool
15:30 - 21:00	Junior Gym 14-16yrs	Y:Active Fitness Studio
17:00 - 17:30	Synrgy (12-16 yrs)	Y:Active Fitness Studio
19:30 - 21:00	Rookie Lifeguard (8-16yrs)	Main Pool
19:30 - 21:00	Survive & Save (12-16yrs)	Main Pool