

Kids, Teens & Family Classes & Activities

Fleetwood YMCA Leisure Centre

Accurate as of 30/04/2024

Times for Friday 27 September



| Time | Session | Facility |
|---------------|-----------------------------------|-------------------------|
| 10:30 - 11:00 | Toddler Lesson (3+) | Learner Pool |
| 11:00 - 11:30 | Parent & Toddler (0-2yrs) Lesson | Learner Pool |
| 11:30 - 12:00 | Parent & Toddler (2-3 yrs) Lesson | Learner Pool |
| 12:00 - 12:30 | Toddler Lesson (3+) | Learner Pool |
| 15:00 - 21:00 | Junior Gym 14-16yrs | Y:Active Fitness Studio |
| 15:30 - 19:00 | Swimming Lessons | Learner Pool |
| 17:30 - 18:00 | HIIT Step | Sports Hall |
| 19:30 - 21:00 | Rookie Lifeguard (8-16yrs) | Main Pool |
| 19:30 - 21:00 | Survive & Save (12-16yrs) | Main Pool |