

# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 01/05/2024

### Times for Friday 15 November



Time	Session	Facility
10:30 - 11:00	Toddler Lesson (3+)	Learner Pool
11:00 - 11:30	Parent & Toddler (0-2yrs) Lesson	Learner Pool
11:30 - 12:00	Parent & Toddler (2-3 yrs) Lesson	Learner Pool
12:00 - 12:30	Toddler Lesson (3+)	Learner Pool
15:00 - 21:00	Junior Gym 14-16yrs	Y:Active Fitness Studio
15:30 - 19:00	Swimming Lessons	Learner Pool
17:30 - 18:00	HIIT Step	Sports Hall
19:30 - 21:00	Rookie Lifeguard (8-16yrs)	Main Pool
19:30 - 21:00	Survive & Save (12-16yrs)	Main Pool