

# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 17/04/2024

### Times for Saturday 23 November



Time	Session	Facility
07:30 - 16:30	Junior Gym 14-16yrs	Y:Active Fitness Studio
09:30 - 12:00	Swimming Lessons	Y:Active Fitness Studio
10:00 - 13:00	Family Gym Sessions (12+)	Y:Active Fitness Studio
11:15 - 12:00	Fun Family Synrgy 8+	Y:Active Fitness Studio
13:30 - 14:15	Family Fun Pool Activities	Y:Active Fitness Studio
15:00 - 15:30	Synrgy (12-16 yrs)	Y:Active Fitness Studio