

Kids, Teens & Family Classes & Activities

Fleetwood YMCA Leisure Centre

Accurate as of 19/05/2024

| Times for Friday 10 July | | |  |
|--------------------------|-----------------------------------|-------------------------|---|
| Time | Session | Facility | |
| 10:30 - 11:00 | Toddler Lesson (3+) | Learner Pool | |
| 11:00 - 11:30 | Parent & Toddler (0-2yrs) Lesson | Learner Pool | |
| 11:30 - 12:00 | Parent & Toddler (2-3 yrs) Lesson | Learner Pool | |
| 12:00 - 12:30 | Toddler Lesson (3+) | Learner Pool | |
| 15:00 - 21:00 | Junior Gym 14-16yrs | Y:Active Fitness Studio | |
| 15:30 - 19:00 | Swimming Lessons | Learner Pool | |
| 17:30 - 18:00 | HIIT Step | Sports Hall | |
| 19:30 - 21:00 | Rookie Lifeguard (8-16yrs) | Main Pool | |
| 19:30 - 21:00 | Survive & Save (12-16yrs) | Main Pool | |