


# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 19/05/2024

Times for Sunday 19 July			
Time	Session	Facility	
07:30 - 16:30	Junior Gym 14-16yrs	Y:Active Fitness Studio	
10:00 - 13:00	Family Gym Sessions (12+)	Y:Active Fitness Studio	
15:00 - 15:30	Synrgy (12-16 yrs)	Y:Active Fitness Studio	