

# Kids, Teens & Family Classes & Activities

## Fleetwood YMCA Leisure Centre

Accurate as of 06/05/2024

### Times for Sunday 19 July



Time	Session	Facility
07:30 - 16:30	Junior Gym 14-16yrs	Y:Active Fitness Studio
10:00 - 13:00	Family Gym Sessions (12+)	Y:Active Fitness Studio
15:00 - 15:30	Synrgy (12-16 yrs)	Y:Active Fitness Studio