## **New Swimming Pool Timetable** Riverside Ice & Leisure Centre

Accurate as of 21/05/2024

Times for Monday 9 December			
Time	Session	Facility	
05:30 - 07:00	Chelmsford Swimming Club	Main Pool 2m Depth (25m)	
05:30 - 09:30	Public lane swim	Main Pool 2m Depth (25m)	
08:00 - 08:30	Schools - Limited lane swimming	Main Pool 2m Depth (25m)	
08:00 - 08:30	Schools - Limited lane swimming	Main Pool Variable Depth (25m)	
08:00 - 08:30	School Session	Learner & Splash Pool	
08:30 - 09:30	Family Fun	Learner & Splash Pool	
08:30 - 09:30	Public Session	Splash Pool	
08:30 - 16:00	Public lane swim	Main Pool Variable Depth (25m)	
09:30 - 10:30	Aqua Deep	Main Pool 2m Depth (25m)	
09:30 - 12:00	Swimming Lessons	Learner & Splash Pool	
10:30 - 18:00	Public lane swim	Main Pool 2m Depth (25m)	
12:00 - 13:00	Musical Splash session with toys and nursery rhymes*	Learner & Splash Pool	
13:00 - 14:00	Musical Splash session with toys and nursery rhymes*	Learner & Splash Pool	
14:00 - 14:45	Active Health	Learner & Splash Pool	
14:45 - 16:00	Public Session	Learner & Splash Pool	
14:45 - 16:00	Public Session	Splash Pool	
16:00 - 18:00	Swimming Lessons	Main Pool Variable Depth (25m)	
16:00 - 18:00	Swimming Lessons	Learner & Splash Pool	
16:00 - 18:00	Flume - min height 1.2m	Pool Flume	
18:00 - 19:00	Public Session	Learner & Splash Pool	
18:00 - 19:00	Public Session	Splash Pool	

Time	Session	Facility
18:00 - 19:45	Adults Only	Main Pool 2m Depth (25m)
18:05 - 19:00	Womentime swim for ladies*	Main Pool Variable Depth (25m)
19:00 - 19:45	Aqua Cardio 1.2m	Main Pool Variable Depth (25m)
19:00 - 19:45	Adults Only	Main Pool Variable Depth (25m)
19:45 - 20:00	Closed for set up	Main Pool 2m Depth (25m)
19:45 - 20:00	Closed for set up	Main Pool Variable Depth (25m)
20:00 - 21:00	Chelmsford Swimming Club	Main Pool 2m Depth (25m)