

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 28/04/2024

Times for Monday 16 December



| Time | Session | Facility |
|---------------|--|--------------------------------|
| 05:30 - 07:00 | Chelmsford Swimming Club | Main Pool 2m Depth (25m) |
| 05:30 - 09:30 | Public lane swim | Main Pool 2m Depth (25m) |
| 08:00 - 08:30 | Schools - Limited lane swimming | Main Pool 2m Depth (25m) |
| 08:00 - 08:30 | Schools - Limited lane swimming | Main Pool Variable Depth (25m) |
| 08:00 - 08:30 | School Session | Learner & Splash Pool |
| 08:30 - 09:30 | Family Fun | Learner & Splash Pool |
| 08:30 - 09:30 | Public Session | Splash Pool |
| 08:30 - 16:00 | Public lane swim | Main Pool Variable Depth (25m) |
| 09:30 - 10:30 | Aqua Deep | Main Pool 2m Depth (25m) |
| 09:30 - 12:00 | Swimming Lessons | Learner & Splash Pool |
| 10:30 - 18:00 | Public lane swim | Main Pool 2m Depth (25m) |
| 12:00 - 13:00 | Musical Splash session with toys and nursery rhymes* | Learner & Splash Pool |
| 13:00 - 14:00 | Musical Splash session with toys and nursery rhymes* | Learner & Splash Pool |
| 14:00 - 14:45 | Active Health | Learner & Splash Pool |
| 14:45 - 16:00 | Public Session | Learner & Splash Pool |
| 14:45 - 16:00 | Public Session | Splash Pool |
| 16:00 - 18:00 | Swimming Lessons | Main Pool Variable Depth (25m) |
| 16:00 - 18:00 | Swimming Lessons | Learner & Splash Pool |
| 16:00 - 18:00 | Flume - min height 1.2m | Pool Flume |
| 18:00 - 19:00 | Public Session | Learner & Splash Pool |
| 18:00 - 19:00 | Public Session | Splash Pool |

| Time | Session | Facility |
|---------------|----------------------------|--------------------------------|
| 18:00 - 19:45 | Adults Only | Main Pool 2m Depth (25m) |
| 18:05 - 19:00 | Womentime swim for ladies* | Main Pool Variable Depth (25m) |
| 19:00 - 19:45 | Aqua Cardio 1.2m | Main Pool Variable Depth (25m) |
| 19:00 - 19:45 | Adults Only | Main Pool Variable Depth (25m) |
| 19:45 - 20:00 | Closed for set up | Main Pool 2m Depth (25m) |
| 19:45 - 20:00 | Closed for set up | Main Pool Variable Depth (25m) |
| 20:00 - 21:00 | Chelmsford Swimming Club | Main Pool 2m Depth (25m) |