

# New Swimming Pool Timetable

## Riverside Ice & Leisure Centre

Accurate as of 20/04/2024

### Times for Wednesday 8 July



Time	Session	Facility
06:00 - 07:00	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)
06:00 - 07:00	Swimming Club	Main Pool 2m Depth (25m)
07:30 - 08:30	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)
09:00 - 10:00	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)
09:00 - 10:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
09:00 - 10:00	Public Swim	Learner & Splash Pool
10:30 - 11:15	Aqua Tone	Main Pool Variable Depth (25m)
10:30 - 11:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
10:30 - 11:30	Public Swim	Learner & Splash Pool
12:00 - 13:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
12:00 - 13:00	Public Swim	Learner & Splash Pool
12:00 - 16:00	Family Fun	Main Pool Variable Depth (25m)
13:30 - 14:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
13:30 - 14:30	Public Swim	Learner & Splash Pool
13:30 - 14:30	Public Swim	Learner & Splash Pool
15:00 - 16:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
15:00 - 16:00	Public Swim	Learner & Splash Pool
16:30 - 17:30	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)
16:30 - 17:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
16:30 - 17:30	Public Swim	Learner & Splash Pool
18:00 - 18:45	Aqua Cardio 1.3m	Main Pool Variable Depth (25m)

<b>Time</b>	<b>Session</b>	<b>Facility</b>
18:00 - 19:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)
19:30 - 20:15	Aqua Tone	Main Pool Variable Depth (25m)
19:30 - 20:30	Staff Training	Main Pool 2m Depth (25m)