

# New Swimming Pool Timetable

## Riverside Ice & Leisure Centre

Accurate as of 07/05/2024

Times for Friday 10 July			
Time	Session	Facility	
06:00 - 07:00	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)	
07:30 - 08:30	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)	
09:00 - 10:00	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)	
09:00 - 10:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
09:00 - 10:00	Public Swim	Learner & Splash Pool	
10:30 - 11:30	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)	
10:30 - 11:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
10:30 - 11:30	Public Swim	Learner & Splash Pool	
12:00 - 12:45	Aqua Cardio 1.3m	Main Pool Variable Depth (25m)	
12:00 - 13:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
12:00 - 13:00	Public Swim	Learner & Splash Pool	
13:30 - 14:30	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)	
13:30 - 14:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
13:30 - 14:30	Public Swim	Learner & Splash Pool	
13:30 - 14:30	Public Swim	Learner & Splash Pool	
15:00 - 16:00	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)	
15:00 - 16:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
15:00 - 16:00	Public Swim	Learner & Splash Pool	
16:30 - 17:30	Lane Swim -2 double lanes available	Main Pool Variable Depth (25m)	
16:30 - 17:30	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)	
16:30 - 17:30	Public Swim	Learner & Splash Pool	

Time	Session	Facility
18:00 - 19:00	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)
20:00 - 21:00	Scuba Diving	Main Pool Variable Depth (25m)
20:00 - 21:00	Lane Swim -2 double lanes available	Main Pool 2m Depth (25m)