

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 05/05/2024

Times for Tuesday 30 April



| Time | Session | Facility |
|---------------|--------------------------------------|--------------------------------|
| 06:00 - 07:45 | Lane Swim - 3 double lanes available | Main Pool 2m Depth (25m) |
| 07:00 - 07:45 | Lane Swim -Whole pool double lanes | Main Pool 2m Depth (25m) |
| 08:40 - 15:55 | Lane Swim - 3 double lanes available | Main Pool 2m Depth (25m) |
| 09:00 - 09:30 | School Session | Main Pool Variable Depth (25m) |
| 09:30 - 10:30 | Staff Training | Main Pool Variable Depth (25m) |
| 10:35 - 11:20 | Aqua Cardio 1.3m | Main Pool Variable Depth (25m) |
| 11:35 - 12:55 | Lane Swim - 3 double lanes available | Main Pool Variable Depth (25m) |
| 12:00 - 15:55 | Public Swim | Learner & Splash Pool |
| 13:00 - 15:00 | School Session | Main Pool Variable Depth (25m) |
| 15:05 - 15:55 | Public lane swim | Main Pool Variable Depth (25m) |
| 18:00 - 19:00 | Public Swim* | Learner & Splash Pool |