

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 31/10/2024

Times for Wednesday 6 November



| Time | Session | Facility |
|---------------|---------------------------------------|--------------------------------|
| 06:00 - 07:00 | Lane Swim - 3 Double lanes (2m) | Main Pool 2m Depth (25m) |
| 07:00 - 08:25 | Lane Swim -Whole pool double lanes | Main Pool 2m Depth (25m) |
| 08:40 - 09:50 | Lane Swim - 3 double lanes available | Main Pool Variable Depth (25m) |
| 08:40 - 16:00 | Lane Swim - 3 Double lanes (2m) | Main Pool 2m Depth (25m) |
| 09:00 - 11:55 | Public Swim | Learner & Splash Pool |
| 10:00 - 10:45 | Aqua Tone | Main Pool Variable Depth (25m) |
| 10:50 - 12:00 | Lane Swim - 1 double lane | Main Pool Variable Depth (25m) |
| 13:15 - 14:45 | Lane Swim - 3 double lanes available | Main Pool Variable Depth (25m) |
| 13:30 - 15:55 | Public Swim | Learner & Splash Pool |
| 14:50 - 15:55 | Public lane swim | Main Pool Variable Depth (25m) |
| 16:00 - 19:25 | Lane Swim - 3 double lanes available* | Main Pool 2m Depth (25m) |
| 18:15 - 19:00 | Aqua Cardio 1.3m | Main Pool Variable Depth (25m) |
| 19:00 - 20:15 | Lane Swim - 3 double lanes available* | Main Pool Variable Depth (25m) |
| 19:30 - 20:15 | Aqua Deep | Main Pool 2m Depth (25m) |
| 20:30 - 22:00 | Lane Swim - Whole Pool Double Lanes* | Main Pool 2m Depth (25m) |