

# Pool Timetable Sessions

## Oulder Hill Leisure Complex

Accurate as of 28/07/2024

### Times for Monday 22 July



Time	Session	Facility	# Lanes
06:30 - 07:45	Adult Only	Large Pool (25m)	5
08:00 - 09:00	Adult Only	Large Pool (25m)	5
09:30 - 11:30	Public Swim	Large Pool (25m)	5
10:00 - 11:30	Public Swim	Small Pool (12m)	
12:00 - 13:00	Members Only	Large Pool (25m)	5
13:30 - 14:30	Public Swim	Large Pool (25m)	5
14:30 - 15:30	Public / Member Family Swim	Large Pool (25m)	5
16:30 - 17:30	Swim4U	Large Pool (25m)	5
17:30 - 19:00	Public Swim	Large Pool (25m)	5
17:30 - 19:00	Public Swim	Small Pool (12m)	
19:15 - 20:00	Aqua Zumba	Large Pool (25m)	
20:00 - 22:00	Adult Only	Large Pool (25m)	5