

Spin Studio Timetable

Wolverton Swimming & Fitness Centre

Accurate as of 10/08/2024

Times for Friday 16 August



| Time | Session | Facility |
|---------------|--------------|--------------|
| 06:45 - 08:15 | Virtual Spin | Cycle Studio |
| 09:30 - 10:15 | Spin | Cycle Studio |
| 10:45 - 11:30 | Spin | Cycle Studio |
| 12:30 - 13:00 | Virtual Spin | Cycle Studio |
| 13:15 - 14:15 | Virtual Spin | Cycle Studio |
| 15:00 - 16:00 | Virtual Spin | Cycle Studio |
| 16:15 - 17:00 | Virtual Spin | Cycle Studio |
| 17:30 - 18:30 | Virtual Spin | Cycle Studio |
| 19:00 - 20:00 | Virtual Spin | Cycle Studio |