

# Swimming Timetable

## Ashton Leisure Centre

Accurate as of 19/07/2024

### Times for Monday 15 July



| Time          | Session                 | Facility   |
|---------------|-------------------------|------------|
| 06:30 - 07:30 | Lane Swimming           | Large Pool |
| 07:30 - 09:30 | Casual Swim             | Large Pool |
| 09:30 - 10:00 | Parent and Child Lesson | Large Pool |
| 10:00 - 11:20 | School use only         | Large Pool |
| 10:00 - 11:50 | School use only         | Small Pool |
| 12:00 - 12:45 | Aqua Aerobics           | Small Pool |
| 12:00 - 13:00 | Casual Swim             | Large Pool |
| 13:00 - 14:20 | School use only         | Large Pool |
| 13:00 - 14:20 | School use only         | Small Pool |
| 14:20 - 15:30 | Family Swim             | Small Pool |
| 14:20 - 15:30 | Casual Swim             | Large Pool |
| 15:45 - 17:55 | Swimming Lessons        | Large Pool |
| 15:45 - 18:15 | Swimming Lessons        | Small Pool |
| 18:00 - 19:00 | Casual Swim             | Large Pool |
| 18:20 - 20:15 | Fun & Floats            | Small Pool |
| 19:00 - 20:00 | Wigan BEST              | Large Pool |
| 20:00 - 21:00 | Lane Swimming           | Large Pool |
| 20:15 - 21:00 | Aqua Aerobics           | Small Pool |
| 21:00 - 22:00 | Lane Swimming           | Large Pool |