

# Swimming Timetable

## Ashton Leisure Centre

Accurate as of 19/07/2024

### Times for Monday 22 July



Time	Session	Facility
06:30 - 07:30	Lane Swimming	Large Pool
07:30 - 10:30	Casual Swim	Large Pool
09:30 - 10:00	Parent and Child Lesson	Small Pool
10:00 - 10:30	Holiday Crash Course	Small Pool
10:30 - 12:00	Family Swim	Small Pool
11:00 - 15:30	Casual Swim	Large Pool
12:00 - 12:45	Aqua Aerobics	Small Pool
13:00 - 15:30	Fun & Floats	Small Pool
15:45 - 17:55	Swimming Lessons	Large Pool
15:45 - 18:15	Swimming Lessons	Small Pool
18:00 - 19:00	Casual Swim	Large Pool
18:20 - 20:30	Fun & Floats	Small Pool
19:00 - 20:00	Swim Club	Large Pool
20:00 - 22:00	Lane Swimming	Large Pool
20:30 - 21:15	Aqua Aerobics	Small Pool