

Hindley Leisure Centre: Exercise Classes

Hindley Pool and Leisure Centre

Accurate as of 01/07/2024

Times for Thursday 27 June



Time	Session	Facility
12:45 - 13:30	Pilates	Studio 2
13:45 - 14:30	Low Aerobics	Studio 2
18:00 - 19:00	Yoga	Studio 2
18:30 - 19:00	Grit Strength	Studio 1
19:05 - 19:35	Body Conditioning	Studio 1