

# Hindley Leisure Centre: Exercise Classes

## Hindley Pool and Leisure Centre

Accurate as of 30/06/2024

### Times for Saturday 6 July



Time	Session	Facility
09:00 - 09:45	Outdoor Fitness	Outdoor
09:00 - 09:45	Aerotone	Studio 2
10:00 - 10:30	Grit Series	Studio 1
10:35 - 11:05	Body Conditioning	Studio 1