

Class programme at Leigh Leigh Leisure Centre

Accurate as of 01/07/2024

Times for Saturday 29 June



Time	Session	Facility
08:15 - 09:00	RPM - Virtual	Studio 1
09:00 - 10:00	Circuits	Studio 2
09:15 - 10:00	RPM - Virtual	Studio 1
10:15 - 11:15	Body Combat	Studio 2
11:30 - 12:15	Zumba (14yrs+)	Studio 2
11:30 - 12:15	RPM - Virtual	Studio 1
12:30 - 13:15	Body Attack - Virtual	Studio 2
14:00 - 14:45	Body Pump - Virtual	Studio 2
14:30 - 15:15	RPM - Virtual	Studio 1