

# Pool programme

## Leigh Leisure Centre

Accurate as of 23/07/2024

### Times for Monday 29 July



Time	Session
07:00 - 08:00	Lane Swimming
08:00 - 09:00	Lane Swimming
09:00 - 10:00	Casual Swim
10:00 - 11:00	Casual Swim
11:00 - 11:45	Walking in Water
12:00 - 12:45	Aqua Aerobics
13:00 - 14:00	Fun & Floats
14:00 - 15:00	Fun & Floats
15:45 - 17:45	Swimming Lessons
18:00 - 20:00	Wigan BEST
20:00 - 21:00	Lane Swimming
21:00 - 22:00	Lane Swimming