

# Howe Bridge Leisure Centre: Pool sessions

## Howe Bridge Leisure Centre

Accurate as of 30/06/2024

### Times for Wednesday 3 July



| Time          | Session                                    | Facility   | # Lanes |
|---------------|--|------------|---------|
| 08:00 - 10:00 | Lane Swimming ( advanced booking required) | Large Pool |         |
| 10:00 - 11:00 | Casual Swim                                | Large Pool |         |
| 11:05 - 11:45 | Aqua Aerobics                              | Large Pool |         |
| 12:00 - 12:45 | Aqua Aerobics                              | Large Pool |         |
| 12:00 - 13:00 | Casual Swim                                | Small Pool |         |
| 18:00 - 18:30 | Adult Swimming Lesson                      | Large Pool |         |
| 18:30 - 19:30 | Fun & Floats                               | Small Pool |         |
| 18:30 - 19:30 | Casual Swim                                | Large Pool |         |
| 19:30 - 21:00 | Lane Swimming ( advanced booking required) | Large Pool |         |