

Howe Bridge Leisure Centre: Pool sessions

Howe Bridge Leisure Centre

Accurate as of 05/02/2025

Times for Friday 17 January



| Time | Session | Facility | # Lanes |
|---------------|--|------------|---------|
| 06:30 - 08:30 | Lane Swimming (advanced booking required) | Large Pool | |
| 08:30 - 10:45 | Casual Swim | Large Pool | |
| 09:30 - 10:00 | Parent and Child Lesson | Small Pool | |
| 10:30 - 11:00 | Parent and Child Lesson | Small Pool | |
| 11:00 - 11:30 | Swim Tots (advanced booking required) | Small Pool | |
| 11:00 - 12:00 | Targeted swim session | Large Pool | |
| 11:30 - 12:30 | Casual Swim | Small Pool | |
| 12:00 - 13:00 | Casual Swim | Large Pool | |
| 15:30 - 18:00 | Lane Swimming (advanced booking required) | Large Pool | |
| 18:15 - 19:15 | Casual Swim | Large Pool | |
| 18:30 - 19:30 | Fun & Floats | Small Pool | |