

Howe Bridge Leisure Centre: Exercise classes

Howe Bridge Leisure Centre

Accurate as of 30/06/2024

Times for Thursday 4 July



Time	Session	Facility
07:15 - 07:45	Sprint - Virtual	Studio 2
10:00 - 10:45	RPM	Studio 2
12:00 - 12:30	Sprint - Virtual	Studio 2
17:30 - 18:15	RPM - Virtual	Studio 2
19:00 - 19:45	RPM - Virtual	Studio 2