

Robin Park Sports Centre: Exercise classes

Robin Park Leisure Centre

Accurate as of 28/10/2024

Times for Saturday 2 November



Time	Session	Facility
08:00 - 08:45	RPM	Cycle Studio
09:00 - 10:00	Circuits	Studio 1
10:15 - 11:15	Body Pump - Virtual	Studio 1
11:30 - 12:15	RPM - Virtual	Cycle Studio
12:45 - 13:15	Barre Virtual	Studio 1
13:30 - 14:15	Sh'bam - Virtual	Studio 1