

Wigan Life Centre: Pool sessions

Wigan Life Centre

Accurate as of 19/07/2024

Times for Tuesday 23 July



| Time | Session | Facility |
|---------------|------------------------------------|-------------|
| 06:00 - 08:15 | Swim Squad | Main Pool 1 |
| 07:00 - 08:00 | Lane Swimming | Main Pool 2 |
| 08:00 - 09:00 | Lane Swimming | Main Pool 2 |
| 08:15 - 09:15 | NPLQ course | Main Pool 1 |
| 09:00 - 10:00 | Lane Swimming | Main Pool 2 |
| 10:00 - 13:15 | Casual Swim | Main Pool 2 |
| 13:00 - 15:00 | Casual Swim | Small Pool |
| 13:30 - 14:30 | Gauntlet Inflatable (8-14yrs only) | Main Pool 1 |
| 13:30 - 14:30 | Lane Swimming | Main Pool 2 |
| 14:45 - 15:45 | NPLQ course | Main Pool 1 |
| 14:45 - 17:00 | Casual Swim | Main Pool 2 |
| 15:45 - 18:30 | Swimming Lessons | Main Pool 1 |
| 15:45 - 18:45 | Swimming Lessons | Small Pool |
| 17:00 - 20:00 | Swim Squad | Main Pool 2 |
| 18:30 - 19:15 | Xtreme Swim | Main Pool 1 |
| 18:50 - 19:20 | Adult Swimming Lesson | Main Pool 1 |
| 19:00 - 20:00 | Fun & Floats | Small Pool |
| 19:30 - 20:30 | Lane Swimming | Main Pool 1 |
| 20:00 - 21:00 | Sub Aqua | Main Pool 2 |
| 20:30 - 21:30 | Lane Swimming | Main Pool 1 |