## Wigan Life Centre: Pool sessions Wigan Life Centre

Accurate as of 30/07/2024

Times for Monday 5 August		
Time	Session	Facility
07:00 - 08:00	Lane Swimming	Main Pool 2
08:00 - 09:00	Lane Swimming	Main Pool 2
09:00 - 10:00	Lane Swimming	Main Pool 2
10:15 - 11:00	Aqua	Main Pool 2
10:15 - 11:15	Deep Water Lane Swim	Main Pool 1
10:40 - 11:10	Swim Tots	Small Pool
11:05 - 11:50	Aqua	Main Pool 2
11:15 - 12:15	Deep Water Lane Swim	Main Pool 1
11:40 - 12:10	Swim Tots	Small Pool
12:15 - 13:15	NPLQ course	Main Pool 1
12:15 - 18:00	Casual Swim	Main Pool 2
13:00 - 15:00	Casual Swim	Small Pool
13:30 - 14:30	Gauntlet Inflatable (8-14yrs only)	Main Pool 1
15:45 - 17:45	Swimming Lessons	Main Pool 1
15:45 - 18:45	Swimming Lessons	Small Pool
18:00 - 20:00	Swim Squad	Main Pool 1
18:00 - 21:00	Wigan Swimming Club	Main Pool 2
19:00 - 20:00	Fun & Floats	Small Pool