

Wigan Life Centre: Pool sessions

Wigan Life Centre

Accurate as of 01/08/2024

Times for Wednesday 7 August



Time	Session	Facility
07:00 - 08:00	Lane Swimming	Main Pool 2
08:00 - 09:00	Lane Swimming	Main Pool 2
08:00 - 09:00	NPLQ course	Main Pool 1
09:00 - 10:00	Lane Swimming	Main Pool 2
10:00 - 11:00	Lane Swimming	Main Pool 1
10:00 - 11:00	Targeted swim	Main Pool 2
11:00 - 12:00	Lane Swimming	Main Pool 1
11:15 - 12:00	Aqua Mobility	Main Pool 2
12:00 - 13:15	Casual Swim	Main Pool 2
13:00 - 15:00	Casual Swim	Small Pool
13:30 - 14:30	Lane Swimming	Main Pool 2
13:30 - 14:30	Gauntlet Inflatable (8-14yrs only)	Main Pool 1
14:45 - 15:45	NPLQ course	Main Pool 1
14:45 - 18:15	Casual Swim	Main Pool 2
15:45 - 18:15	Swimming Lessons	Main Pool 1
15:45 - 18:45	Swimming Lessons	Small Pool
18:30 - 19:30	Tri Team	Main Pool 2
18:30 - 21:00	Wigan Swimming Club	Main Pool 1
19:00 - 20:00	Fun & Floats	Small Pool
19:30 - 20:30	Deep Water Lane Swim	Main Pool 2
20:30 - 21:30	Deep Water Lane Swim	Main Pool 2