

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 13/08/2024

### Times for Monday 19 August



| Time          | Session              | Facility    |
|---------------|----------------------|-------------|
| 07:00 - 08:00 | Lane Swimming        | Main Pool 2 |
| 08:00 - 09:00 | Lane Swimming        | Main Pool 2 |
| 09:00 - 10:00 | Lane Swimming        | Main Pool 2 |
| 10:15 - 11:00 | Aqua                 | Main Pool 2 |
| 10:15 - 11:15 | Deep Water Lane Swim | Main Pool 1 |
| 10:40 - 11:10 | Swim Tots            | Small Pool  |
| 11:05 - 11:50 | Aqua                 | Main Pool 2 |
| 11:15 - 12:15 | Deep Water Lane Swim | Main Pool 1 |
| 11:40 - 12:10 | Swim Tots            | Small Pool  |
| 12:15 - 13:15 | NPLQ course          | Main Pool 1 |
| 13:00 - 15:00 | Casual Swim          | Small Pool  |
| 13:15 - 18:00 | Casual Swim          | Main Pool 2 |
| 15:45 - 17:45 | Swimming Lessons     | Main Pool 1 |
| 15:45 - 18:45 | Swimming Lessons     | Small Pool  |
| 18:00 - 20:00 | Swim Squad           | Main Pool 1 |
| 18:00 - 21:00 | Wigan Swimming Club  | Main Pool 2 |
| 19:00 - 20:00 | Fun & Floats         | Small Pool  |