

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 26/10/2024

### Times for Friday 25 October



| Time          | Session                            | Facility    |
|---------------|------------------------------------|-------------|
| 07:00 - 08:00 | Lane Swimming                      | Main Pool 2 |
| 08:00 - 09:00 | Lane Swimming                      | Main Pool 2 |
| 09:00 - 10:00 | Lane Swimming                      | Main Pool 2 |
| 09:20 - 09:50 | Swim Tots                          | Small Pool  |
| 10:00 - 11:00 | Targeted swim                      | Main Pool 1 |
| 11:00 - 13:00 | Casual Swim                        | Main Pool 2 |
| 13:30 - 14:30 | Gauntlet Inflatable (8-14yrs only) | Main Pool 2 |
| 14:20 - 14:50 | Adult Swimming Lesson              | Main Pool 1 |
| 14:20 - 14:50 | Swim Tots                          | Small Pool  |
| 15:00 - 17:00 | Casual Swim                        | Main Pool 1 |
| 15:45 - 18:15 | Swimming Lessons                   | Small Pool  |
| 15:45 - 18:35 | Swimming Lessons                   | Main Pool 2 |
| 18:00 - 20:00 | Swim Squad                         | Main Pool 1 |
| 19:00 - 20:00 | Fun & Floats                       | Small Pool  |
| 19:30 - 21:00 | Wigan Swimming Club                | Main Pool 2 |
| 19:30 - 21:00 | Swim Club                          | Main Pool 1 |