

# Studio sessions

## Wigan Life Centre

Accurate as of 12/08/2024

### Times for Sunday 18 August



Time	Session	Facility
08:30 - 09:15	The Trip (Virtual)	Cycle Studio
09:30 - 10:15	RPM - Virtual	Cycle Studio
09:30 - 10:30	5k + Run Group	Road Running
11:00 - 11:30	The Trip (Virtual)	Cycle Studio
13:45 - 14:15	Sprint - Virtual	Cycle Studio