Isleworth Group Exercise Timetable Isleworth Leisure Centre & Library

Accurate as of 08/09/2024

| Times for Sunday 8 September | | | | (|
|------------------------------|---------|----------|------------|----------|
| Time | Session | Facility | Instructor | |
| 09:15 - 10:45 | Yoga | Studio 1 | Cheryl | |