

Isleworth Group Exercise Timetable

Isleworth Leisure Centre & Library

Accurate as of 08/09/2024

Times for Saturday 14 September



Time	Session	Facility	Instructor
09:00 - 10:00	Zumba	Studio 1	Francesca
10:00 - 11:00	Zumba Tone	Studio 1	Francesca
11:00 - 12:00	Yoga	Studio 1	Catherine