## Isleworth Pool Timetable Isleworth Leisure Centre & Library

## Accurate as of 06/08/2024

Times for Monday 12 August			
Time	Session	Facility	
06:30 - 07:30	Clubs	Main Pool	
06:30 - 09:00	Lane Swim (adult only 16+)	Main Pool	
06:30 - 09:00	Permitted Swim Aids Fast Lane Only	Main Pool	
09:00 - 10:00	Lane Swim	Main Pool	
09:00 - 10:30	Lane Swim	Main Pool	
09:00 - 19:00	General Swim	Main Pool	
10:00 - 12:00	Schools	Lagoon Pool	
10:30 - 12:00	Schools	Main Pool	
10:30 - 12:00	Schools	Learner Pool	
12:00 - 13:30	Lane Swim (adult only 16+)	Main Pool	
12:15 - 13:00	Aquafit	Learner Pool	
12:30 - 13:30	Permitted Swim Aids Fast Lane Only	Main Pool	
13:30 - 15:00	Schools	Main Pool	
13:30 - 15:00	Schools	Learner Pool	
13:30 - 15:00	Schools	Lagoon Pool	
15:00 - 16:00	Lane Swim (adult only 16+)	Main Pool	
15:30 - 20:00	Swim School	Lagoon Pool	
16:00 - 19:00	Swim School	Main Pool	
16:00 - 19:00	Swim School	Learner Pool	
19:00 - 20:00	Clubs	Learner Pool	
19:00 - 21:00	Clubs	Main Pool	

Time	Session	Facility
20:00 - 21:00	Clubs	Lagoon Pool
20:00 - 21:00	Swim School	Learner Pool
21:00 - 21:45	Lane Swim (adult only 16+)	Main Pool
21:00 - 21:45	Permitted Swim Aids Fast Lane Only	Main Pool