

Heston Pool Timetable

Heston Pool & Fitness

Accurate as of 31/10/2024

Times for Monday 4 November



Time	Session	Facility
06:30 - 15:45	Lane Swim (adult only 16+)	Main Pool
09:00 - 11:30	Schools	Main Pool
10:30 - 11:00	Schools	Learner Pool
12:00 - 12:45	Aqua	Main Pool
13:00 - 15:00	Schools	Learner Pool
15:45 - 19:00	Swim School	Learner Pool
16:00 - 19:00	Swim School	Main Pool
20:00 - 21:00	Clubs	Main Pool
20:00 - 21:45	1 Lane Swim (adult only 16+)	Main Pool