## New Chiswick Pool Timetable New Chiswick Pool

Accurate as of 13/08/2024

Times for Monday 19 August		
Time	Session	Facility
06:30 - 07:30	Optima	Pool
07:30 - 09:30	Lane Swim (adult only 16+)	Pool
09:30 - 11:00	General Swim	Pool
11:00 - 12:30	Aqua Mixed	Pool
12:30 - 14:30	Lane Swim (adult only 16+)	Pool
13:00 - 14:00	2 Lane Swim	Pool
13:00 - 15:00	Crash Course	Pool
14:30 - 15:45	General Swim	Pool
16:00 - 20:00	Swim School	Pool
19:15 - 20:00	2 Lanes Swim/1 Lane Adult Swim School	Pool
20:00 - 21:00	Lane Swim (adult only 16+)	Pool
21:00 - 21:45	1 Single Fast Lane/1 Double Slow Lane	Pool
21:00 - 22:00	Clubs	Pool