

Spin Studio

Dulwich College Sports Club

Accurate as of 21/05/2024

Times for Saturday 11 May



Time	Session	Instructor	Type
09:15 - 10:00	The Trip		Cardio
10:15 - 11:00	Beginner's Club	Omar	Cycling Studio
11:15 - 12:00	Saturday Ride	Omar	Cycling Studio
14:30 - 15:15	The Trip	Virtual Instructor	Cardio
17:00 - 17:30	Sprint	Virtual Instructor	Cardio