## **Northbrook Swim Timetable Northbrook Swimming Pool**

Accurate as of 01/08/2024

| Times for Wednesday 7 August |                         |           |
|------------------------------|-------------------------|-----------|
| Time                         | Session                 | Facility  |
| 07:30 - 09:30                | Lane Swim               | Main Pool |
| 09:30 - 10:30                | AquaFit                 | Main Pool |
| 11:00 - 12:00                | WEFTE                   | Main Pool |
| 12:00 - 14:00                | Swimming Lessons        | Main Pool |
| 14:00 - 15:00                | General swim + 1 x Lane | Main Pool |