

Northbrook Swim Timetable

Northbrook Swimming Pool

Accurate as of 03/09/2024

Times for Wednesday 4 September



Time	Session	Facility
07:30 - 09:30	Lane Swim	Main Pool
09:30 - 10:30	AquaFit	Main Pool
11:00 - 12:00	WEFTE	Main Pool
12:00 - 13:30	Lane Swim	Main Pool
13:30 - 15:00	General swim + 1 x Lane	Main Pool