## **Group Exercise Classes**Wallace Sports & Education Centre

## Accurate as of 02/01/2025

Times for Saturday 2 November			
Time	Session	Facility	Instructor
09:15 - 10:00	Pilates	Studio	Tracy
09:30 - 10:15	Power Hour	Main Hall	Joanne
10:15 - 11:00	Spinning	Studio	Tracy
10:30 - 11:15	Parent/Child Circuits	Studio	Joanne