

Group Exercise Classes

Wallace Sports & Education Centre

Accurate as of 22/11/2024

Times for Saturday 23 November



Time	Session	Facility	Instructor
09:15 - 10:00	Pilates	Studio	Tracy
09:30 - 10:15	Power Hour	Main Hall	Joanne
10:15 - 11:00	Spinning	Studio	Tracy
10:30 - 11:15	Parent/Child Circuits	Studio	Joanne