

Swimming Pool Timetable

Institute Of Sport And Exercise

Accurate as of 03/07/2024

Times for Saturday 6 July



Time	Session	Facility
08:15 - 09:15	Lane Swimming (4 lanes)	Swimming Pool
09:15 - 13:00	Learn to Swim	Swimming Pool
13:15 - 15:00	Lane Swimming (4 lanes)	Swimming Pool
15:00 - 17:15	Family Swimming	Swimming Pool