

Ketts Park Class Timetable

Ketts Park

Accurate as of 06/08/2024

Times for Monday 12 August



| Time | Session | Facility | Instructor |
|-------------------|----------------------|-----------------|------------|
| 1:30 pm - 2:30 pm | Fit for life - Dance | Ketts Park Hall | Chloe |
| 2:30 pm - 3:30 pm | Zumba Toning | Ketts Park Hall | Chloe |
| 4:00 pm - 5:00 pm | Yoga | Ketts Park Hall | Niamh |
| 5:00 pm - 6:00 pm | Fit for Life Stretch | Ketts Park Hall | Victoria |