

# Class Timetable

## Framingham Earl Sports Centre

Accurate as of 05/02/2025

### Times for Saturday 18 January



Time	Session	Facility	Instructor
08:30 - 09:15	Strength Circuits	Main Hall	Beccy
09:00 - 10:00	Zumba Toning	Dance Studio	Chloe
09:00 - 10:00	Yogalates	Meeting Room	Rosie
10:00 - 11:00	Zumba	Dance Studio	Chloe