

Class Timetable

Framingham Earl Sports Centre

Accurate as of 05/02/2025

Times for Monday 20 January



| Time | Session | Facility | Instructor |
|---------------|--------------|--------------|------------|
| 18:00 - 19:00 | Pump It | Dance Studio | Ben |
| 18:00 - 19:00 | Yogalates | Meeting Room | Rosie |
| 19:00 - 20:00 | Zumba Step | Dance Studio | Chloe |
| 19:00 - 20:00 | Pilates | Meeting Room | Rosie |
| 20:00 - 21:00 | Pilates | Meeting Room | Rosie |
| 20:05 - 21:05 | Burlexercise | Dance Studio | Chloe |