

Class Timetable

Framingham Earl Sports Centre

Accurate as of 05/02/2025

Times for Tuesday 21 January



Time	Session	Facility	Instructor
18:00 - 19:00	Aerobic Circuits	Dance Studio	Beccy
18:30 - 19:30	Dynamic Flow Yoga	Meeting Room	Maggie
19:15 - 20:15	Pump It	Dance Studio	Beccy
19:30 - 20:30	Gentle Yoga	Meeting Room	Maggie