

Classes

Fenton Manor Sports Complex

Accurate as of 03/09/2024

Times for Sunday 1 September



| Time | Session | Facility | Instructor |
|---------------------|---------------|-------------------|------------|
| 9:00 am - 9:30 am | Boxer Circuit | Dance Studio Hall | Jackie |
| 9:45 am - 10:30 am | Bodymax | Dance Studio Hall | Jackie |
| 10:45 am - 11:30 am | Zumba | Dance Studio Hall | Jackie |
| 11:45 am - 12:30 pm | Yoga | Dance Studio Hall | Hannah |