

# Classes

## Fenton Manor Sports Complex

Accurate as of 22/12/2024

### Times for Friday 27 December



| Time                | Session  | Facility        | Instructor |
|---------------------|----------|-----------------|------------|
| 8:00 am - 8:30 am   | Circuits | Circuit Room    | Stacey     |
| 8:45 am - 9:30 am   | Spinning | Spinning Studio |            |
| 9:30 am - 10:30 am  | Aerobics | Dance Studio    | Stacey     |
| 10:30 am - 11:15 am | Pilates  | Dance Studio    | Stacey     |