

# Fitness Classes

## ELA Active Chesterton

Accurate as of 13/08/2024

### Times for Monday 19 August



Time	Session	Facility
09:05 - 09:55	Ladies Fitness	Dance Studio
10:05 - 10:55	Aerobics	Dance Studio
12:30 - 13:30	Pilates	Dance Studio
18:30 - 19:30	Endurance	Gymnasium
19:05 - 19:55	Spin	Dance Studio