## **Fitness Classes ELA Active Chesterton**

## Accurate as of 04/09/2024

Times for Wednesday 28 August		
Time	Session	Facility
09:00 - 10:00	Body Conditioning	Dance Studio
11:00 - 11:50	Pilates Conditioning	Dance Studio
18:35 - 19:25	Circuits	Gymnasium
19:05 - 19:55	Spin	Dance Studio